

Key Concepts

- Go beyond labels

Pro-choice and pro-life labels don't reflect the complexity of how most people think and feel about abortion

- Cultivate a framework of empathetic attunement

It's not a simple decision, we can't know another individual's situation, we haven't walked in their shoes. Reminding others of this can help break down the stigma around abortion.

- Safe and legal

Stress that politicians should not interfere in an individual's intensely personal decisions

Go Beyond Labels

The pro-choice and pro-life labels don't reflect the conversation that's happening in America today. The labels don't reflect the complexity of how most people actually feel about abortion.

Instead of putting people in one category or another, we should respect the real-life decisions people and their families face every day.

Ultimately, decisions about whether to choose adoption, end a pregnancy, or raise a child must be left to the pregnant person, their family and their faith, with the counsel of their doctor or healthcare provider.



Empathetic Attunement

People are often uncomfortable talking about abortion. Many prefer to talk about personal decision making.

- Abortion is a deeply personal and often complex decision for a person. You can't make that decision for someone else.
- It's just not that simple. I don't know a person's specific situation. I am not in their shoes.

Abortion & Legislation



People don't turn to politicians for advice about birth control, mammograms, or cancer screenings or treatments.

Politicians should not be involved in an individual's personal medical decisions about their pregnancy.

Safe & Legal

In the US, abortion is a safe and legal medical procedure, and it is important that it remain a safe and legal medical procedure for a person to consider if they need it

Politicians Are Not The Experts

Questions about when life begins are personal and it's just not that simple.

For some it's based on faith, for others it's a matter of science or medicine. One thing I do know is that politicians aren't the experts.